**Appendix G3: Coach/Trainer/Volunteer** 

[**Concussion Code of Conduct**](https://contenthub.ophea.net/resources/1247)

As a coach/trainer/ Volunteer at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (School)

for the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ school year, I am committed to:

# Maintaining a safe learning environment

I will review and adhere to the School Board’s safety standards for physical activity and concussion protocol, as they apply to my sport prior to taking on the responsibility as coach/team trainer

I will check the facilities and equipment take necessary precautions and bring potential hazards to the attention of the students.

I will provide and maintain a safe learning environment for my students and uphold a culture of safety-mindedness.

I will inform students and their parent/guardian (for students under the age of 18) about the risks of a concussion or other potential injuries associated with the sport and ways to minimize those risks.

# Fair play and respect for all

I will demonstrate a commitment to fair play and will respect my students, opponents, officials, and spectators.

I will not pressure a student to participate in practices or games/competitions if they are injured.

# Teaching/learning the rules of a physical activity, including the strict enforcement of consequences for prohibited play that is considered high-risk for causing concussions

I will teach students the rules of the sport and will provide instructions about prohibited play. I will strictly enforce, during practice and competition, the consequences for prohibited play.

I will accept and respect the decisions of officials and the consequences for any prohibited play.

# Implementing the skills and strategies of an activity in a proper progression

I will instruct students in training and practices using the proper progression of skills and strategies of the sport.

I will encourage students to ask questions and seek clarity regarding skills and strategies they of which they are unsure.

# Providing opportunities to discuss potential issues related to concussions

I will provide opportunities by creating an environment for student discussions/conversations related to suspected and diagnosed concussions, including signs and symptoms, questions, and safety concerns, throughout the day, including before and after practice and competition.

# Concussion recognition and reporting

I have read and am familiar with an approved Concussion Awareness Resource identified by the school board [link to awareness resources].

I will emphasize the seriousness of a concussion to my students along with outlining the signs and symptoms of a concussion.

I will provide instruction to students about the importance of removing themselves from the sport and reporting to a coach/team trainer or caring adult if they have signs or symptoms of a concussion.

I will provide instruction to students about the importance of informing the coach/caring adult when they suspect a teammate may have a concussion.

I will immediately remove from play, for assessment, any student who receives a jarring/significant impact to the head, face, neck, or elsewhere on the body and adhere to the School Board’s concussion protocol prior to allowing return to physical activity.

# Acknowledging the importance of communication between the student, parent, school staff, and any sport organization with which the student has registered

I will support and adhere to a process for communication to take place between myself and the student, parent/guardian, and relevant school staff.

I will promote the importance of communication about a suspected or diagnosed concussion between the student, parent/guardian, and all sport organizations with which the student has registered.

# Supporting the implementation of a Return to School Plan for students with a concussion diagnosis

I will support the implementation of the Return to School Plan for students with a diagnosed concussion.

# Prioritizing a student’s return to learning as part of the Return to School Plan

I understand the need to prioritize a student’s return to learning as part of the Return to School Plan.

I will follow the Return to School Plan and make sure a student diagnosed with a concussion does not return to training, practice, or competition until permitted to do so in accordance with the Return to School Plan.

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Print Name] have read and understand all 3 pages of this code of conduct.

Date



Signature